

	<b>NZRCAA Expert Pattern</b>	<b>K-factor</b>
1.	Stall turn with $\frac{1}{4}$ rolls up and down	4
2.	Half reverse Cuban eight	2
3.	Non rolling Pyramid loop	4
4.	Humpty bump with options (half roll up or $\frac{1}{4}$ roll up and down)	5
5.	Avalanche	4
6.	Reverse Shark's tooth $\frac{1}{2}$ roll on the 45 degree up line	3
7.	Two Horizontal Rolls	4
8.	Stall turn with a full roll up	3
9.	Top hat with half rolls up and down	5
10.	Half Cuban eight	2
11.	Cuban eight	5
12.	Half loop (inverted exit)	1
13.	45 degree down line with a half roll	3
14.	Top hat with $\frac{1}{4}$ rolls, (inline option $\frac{1}{2}$ roll up)	4
15.	2 half rolls reversed, pause in the middle	4
16.	Half square loop with a half roll up	2
17.	Three turn spin	3
		<b>56</b>